

Personal Development at Flimby Primary School

We are one big family at Flimby Primary School. We have created a safe, welcoming environment where children thrive and achieve. Children are encouraged to take responsibility for themselves, their peers and the community. We work hard to build resilience and persistence through modelling that mistakes can be a learning opportunity.

PSHE Curriculum and RSE	<p>At Flimby Primary School, the intent of the PSHE curriculum is to develop skills and attributes such as resilience, self-esteem, risk- management, team-working and critical thinking in the context of our core themes: Families and relationships, Health and well-being, Safety and the changing body, Citizenship, Economic well-being and transition for year 6 pupils.</p> <p>Our PSHE curriculum is strengthened by the following:</p> <ul style="list-style-type: none"> • KidSafe programme • RSE (including raising awareness around sexual harassment) • Frequent PANTs sessions • Awareness event such as anti-bullying and mental health week • NSPCC visits — Speak out Stay safe NSPCC • Beach school —Children from nursery to y6 access taster beach sessions • Safeguarding supervision meetings • Promotion of Healthy Eating including parent workshops • NHS assemblies- teenage brain, supporting year 6 transition and vaping • Anti-bullying- STOP
British Values	<p>Rule of Law</p> <p>In order to support the rule of law, we provide the following opportunities;</p> <ul style="list-style-type: none"> • School rules and high expectations, with consistent consequences and rewards, ensuring children understand the importance of rules and behaviour expectations. • Our PSHE curriculum make links to the British Values, including Rule of Law (and how to stay safe online) • We hold weekly assemblies in which we explore our schools' visions and values and also the different British Values and how they impact on our lives • Rules of the road through bike ability sessions, road safety workshops and as part of the PSHE curriculum • We have a group of Flimby Mini Police Officers, who tackle community issues and follow the rule of law both in and out of school <p>Democracy</p> <ul style="list-style-type: none"> • School council • Links to the British Values, including Democracy • Pupil voice • Debating workshops <p>Mutual Respect and Tolerance</p> <ul style="list-style-type: none"> • Promotion of school rules • Sports day allows for the children to develop good sportsmanship • Sport competitions and festivals



- The school LEARN vision and values teaches pupils about inclusivity, our role as a member of the school and community and how we can demonstrate kindness and respect to others.
- We promote the celebration of diversity for all pupils
- Achievements are celebrated during our praise assembly and linked to the visions and values

Individual Liberty

- We teach our pupils how their choices are important, through applying for one of the many pupil roles across school including playleader, mental health champion, reading champion, school counsellor, eco-warrior
- Using our LEARN vision and values, children are encouraged to trust in themselves and make their own choices, based on their own experiences
- We hold weekly assemblies in which we explore the different British Values, World values and School values.
- We have a wide range of after school activities that children are able to make a choice from.

SMSC

Spiritual

Children at Flimby Primary School show curiosity and interest in different people's religions, faiths and beliefs. They demonstrate a sense of enjoyment when learning about themselves, others and the world around them.

Spiritual development is embedded throughout our curriculum, providing children the opportunities to explore the world and others around them.

We further embed spiritual development through,

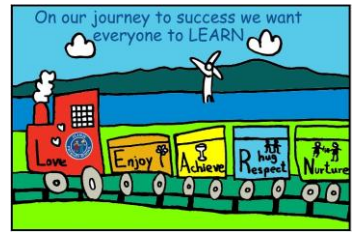
- PSHE lessons.
- Links with our local church
- Celebration Assemblies including Golden time, 100% attendance, Strive for 5 and Dojo winners
- Positive behaviour approach (including postcards home, visits to SLT)
- School Values — LEARN Vision and Values.
- British Values Assemblies and discussions.
- Lunch Club
- Laughing Yoga sessions
- ELSA sessions.
- Brick Club and Drawing and Talking sessions
- RE Curriculum
- Visitors with a range of religions as part of the RE curriculum.
- Celebrations of different cultures/faiths in school.
- Brilliant Cumbria school- Outstandingly happy school status.
- Fostered links with local secondary schools.

Moral

We teach and promote Moral development by encouraging children to recognise and apply approaches that distinguish between right and wrong. Children understand the consequences of their behaviour and actions and show an interest in problem solving to make the right choices.

We support our children on this journey in a variety of different ways:

- Our school rules and children having a clear understanding of the consequence system we have in place



- Our LEARN vision and values which we implement into the wider school community
- British Values Assemblies and discussions throughout teaching units
- PSHE lessons
- Consistent expectations amongst all staff
- Golden time assemblies
- Weekly/Daily Rewards
- School council
- LEARN ambassadors
- Play-leaders
- Reading champions
- Mental Health champions

Social

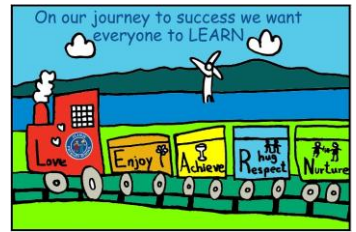
We support our children with their social development through:

- A wide range of after school clubs.
- Breakfast Club.
- Lunchtime clubs
- Child Initiated Learning
- Beach school sessions
- Trips
- Residential for KS2
- A range of interventions
- LEARN ambassadors
- Reading champions
- Mental Health Champions
- Play time leaders
- School council
- Class workshops
- Sports day
- Coffee mornings
- Grandparent days
- School discos, movie nights and Fayres
- Celebrations where family are invited to come into school to celebrate with their child/ children
- Hanen communication and language support and workshops for parents/ carers
- Secondary transition days
- U Dance

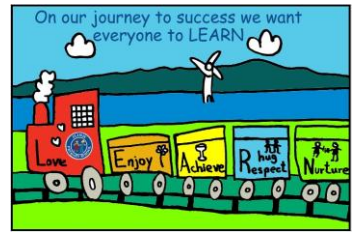
Cultural

This is developed in several ways throughout school life at Flimby Primary School:

- School trips and visitors
- Democracy throughout school including the school council
- Wider links with the community- celebration days and events, church
- Clubs and enrichment
- The use of a range of multi-cultural texts throughout the curriculum.
- Cooking workshops
- EAL training for staff to allow for inclusivity of all children
- Artist visits
- Food bank visits and assemblies
- Various books and genres available for the children to learn about different cultures



<p>Internet Safety</p>	<p>At Flimby Primary school, we recognise the importance of educating children around internet safety and equipping them with the tools and knowledge to stay safe.</p> <p>To ensure that we provide children with the skills to keep themselves safe online, we utilise:</p> <ul style="list-style-type: none"> • Termly online safety lessons • Celebrate internet safety day • Kidsafe sessions • Appropriate lessons incorporated into the PSHE curriculum • Use of individual iPads across the whole school issued with appropriate filtering and random monitoring checks • Internet firewalls • Parental briefing reminders and information sharing regarding apps, safe usage and parental controls • Home school online acceptable usage agreements • Safeguarding teams • External workshops on internet safety
<p>Enrichment</p>	<p>Enrichment is very important to us at Flimby Primary School. It provides children with a rich and fulfilled education. Children are given many opportunities each year that enhance their learning.</p> <p>This is embedded through:</p> <ul style="list-style-type: none"> • Residential for all children in Years 3-6 • Curriculum linked school trips • Reward school trips such as theatre visits • School visitors • A wide variety of after school clubs • Celebration Weeks (anti-bullying, mental health awareness week) • Celebration Days (i.e. World Book Day) • Sporting tournaments and festivals • Expert PE and Music specialists • Mini Police (trips out to help care for the environment and the community) • Fundraising for charity e.g. Children in need • Beach school • Bike ability and cycle safety training for KS2 • Church visits • Nature walks • Workshops linked to the curriculum • Careers fair events and employer visits • Christmas plays • Swimming support • Brilliant Cumbria events • School Council • School Choir
<p>Pastoral Support</p>	<p>We are very passionate at Flimby Primary School about the pastoral support and provision we provide.</p> <ul style="list-style-type: none"> • Behavior Policy and plans for individual children • Senior Mental Health Lead • ELSA staff



- 3 members of staff with Mental Health first aid training
- Interventions (Drawing and Talking, Brick Club, Feelings Detectives, Happy to be me, ELSA)
- Staff trained in de-escalation with Team Teach
- Attachment and Trauma trained staff
- School Counsellor
- Part of The Brilliant Cumbria initiative
- Outstandingly Happy School status
- Lunch-time club to target the needs of specific individuals
- A range of sensory equipment- foot bars, weighted blankets, fidget toys
- Mindfulness activities and brain breaks in classrooms
- Parent wellbeing and general support
- Pupil Premium improvement meetings
- Mental Health Champions
- Mental health awareness training
- DSL networking to share good practice for safeguarding
- Senior Mental Health cluster meetings
- Safeguarding training sessions
- Class kindness jar

Character and resilience

We believe children leave our school happy, resilient and confident, ready to begin the next chapter of their lives.

We support our children's character and resilience building through:

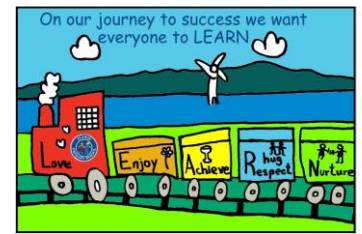
- Living and breathing our visions and values
- Performance opportunities e.g. U dance, choir, Christmas plays, poetry competitions
- Residentials – promoting independence
- High quality foundation subjects across the school
- Pupil Leadership Teams — Mental Health Champions, Librarians, Play Leaders, LEARN ambassadors, School Council, Mini Police
- Links with secondary schools- Brilliant Cumbria, transition days, workshops
- Talents outside of school celebrated
- Attachment and Trauma Informed Staff
- LEARN celebrations and nominations
- Sports day
- Headteacher awards
- Dojo winners
- Strive for 5 winners
- Attendance celebrations



At Flimby Primary School, we offer many wider opportunities for our pupils to enhance their curriculum and allow them to start developing their interests and passions.

WIDER OPPORTUNITIES 24-25

YEAR	AUTUMN	SPRING	SUMMER
NURSERY	<ul style="list-style-type: none"> Wheel chair basketball Tag Rugby Nursery Rhyme workshop Christmas party Christmas Theatre visit 	<ul style="list-style-type: none"> Sleep and reading workshop Sports coach visits Taekwondo taster day Afterschool Story telling session Dance workshop World Book Day 	<ul style="list-style-type: none"> Poetry Competition Sports day Healthy breakfast workshop
RECEPTION	<ul style="list-style-type: none"> Wheel chair basketball Tag Rugby Nursery Rhyme workshop Christmas party Christmas Theatre visit 	<ul style="list-style-type: none"> Sleep and reading workshop Sports coach visits Taekwondo taster day Afterschool Story telling session Dance workshop World Book Day 	<ul style="list-style-type: none"> Poetry Competition Sports day Healthy breakfast workshop
YEAR 1	<ul style="list-style-type: none"> Wheel chair basketball Online safety workshop Tag Rugby Dodgeball Phunky Foods workshop Christmas party Christmas Theatre visit 	<ul style="list-style-type: none"> Sleep and reading workshop Taekwondo taster day Afterschool Story telling session Dance workshop World Book Day Phunky Foods workshop 	<ul style="list-style-type: none"> Poetry Competition Sports day
YEAR 2	<ul style="list-style-type: none"> Wheel chair basketball Online safety workshop Tag Rugby Dodgeball Phunky Foods workshop Christmas party Christmas Theatre visit 	<ul style="list-style-type: none"> Sleep and reading workshop Taekwondo taster day Afterschool Story telling session Dance workshop World Book Day Phunky Foods workshop 	<ul style="list-style-type: none"> Poetry Competition Sports day
YEAR 3	<ul style="list-style-type: none"> Wheel chair basketball Online safety workshop Parliament debate workshop Tag Rugby Taekwondo after school club Phunky Foods workshop Christmas party Christmas Theatre visit 	<ul style="list-style-type: none"> Sleep and reading workshop Taekwondo taster day Afterschool Story telling session Dance workshop World Book Day Phunky Foods workshop 	<ul style="list-style-type: none"> Poetry Competition Sports day Residential to Windermere



YEAR 4

Wheel chair basketball
 Online safety workshop
 Parliament debate workshop
 Tag Rugby
 Taekwondo after school club
 Phunky Foods workshop
 Christmas party
 Christmas Theatre visit

Sleep and reading workshop
 Taekwondo taster day
 Afterschool Story telling session
 Dance workshop
 World Book Day
 UDANCE
 Phunky Foods workshop

Poetry Competition
 Sports day
 Residential to Windermere

YEAR 5

Wheel chair basketball
 Online safety workshop
 Parliament debate workshop
 Tag Rugby
 Taekwondo after school club
 Phunky Foods workshop
 Christmas party
 Christmas Theatre visit

Sleep and reading workshop
 Taekwondo taster day
 Careers day
 Afterschool Story telling session
 Dance workshop
 World Book Day
 UDANCE
 Phunky Foods workshop

Poetry Competition
 Sports day
 Residential to York
 Swimming lessons

YEAR 6

Wheel chair basketball
 Online safety workshop
 Parliament debate workshop
 Tag Rugby
 Taekwondo after school club
 Phunky Foods workshop
 Christmas party
 Christmas Theatre visit

Sleep and reading workshop
 Taekwondo taster day
 Careers day
 Afterschool Story telling session
 Dance workshop
 World Book Day
 Phunky Foods workshop
 UDANCE

Poetry Competition
 Sports day
 Residential to York
 Swimming lessons



Changing Lives Learning Trust
 RESPECT · RESILIENCE · ACHIEVEMENT · OPPORTUNITY

